



# Monmouthshire Wellbeing Support

An online interactive session  
via Zoom for  
anybody in the community  
who is supporting others.

September 29th 6.30pm - 7.30pm

<https://www.eventbrite.co.uk/e/monmouthshire-wellbeing-support-tickets-120406530173>



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
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