

Forest Trails

Walking Trails

The Phoenix Trails

The Phoenix Trails are named to celebrate the recovery from the great storm of 1987 and all start from the car park. White waymarkers denote shortcuts for the two trails.



Phoenix Trail (easy access):
1.2 km / 0.75 miles



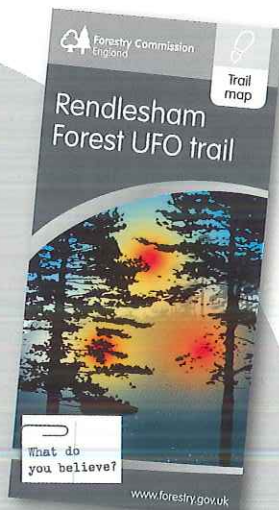
Phoenix Trail (longer trail):
5 km / 3 miles

The two trails allow you to adapt them to suit your particular needs. The longest trail will take you through conifer plantations, heathland and wetland areas. Each walk allows you to see the unique flora and fauna of the Sandlings.

UFO trail

A leaflet for this trail is available separately. Pick up a copy from the Forest Centre.

UFO trail:
5 km / 3 miles



Daisy's Walk

This is situated on the northern side of the B1084, a short distance from the entrance to the Forest Centre.



Daisy's Walk:
4.3 km / 2.75 miles

This walk is named after Daisy Miller who lived for many years at Spratt Street adjoining the western boundary of the forest. She began working in the forest as a girl during the second World War, and continued to work for the Forestry Commission until her retirement in 1981. She received the British Empire Medal in 1980.

Daisy's walk will take you through ancient oak trees, into the Butley River valley and a wetland area where common sedge, water mint and alder abound. Further on you will reach an oak grove that is thinned each decade, followed by heathland and stands of Corsican Pine.

Cycle Trails

There are two main cycle routes of varying distance and difficulty for you to enjoy.



Short trail:
9.5 km / 6 miles

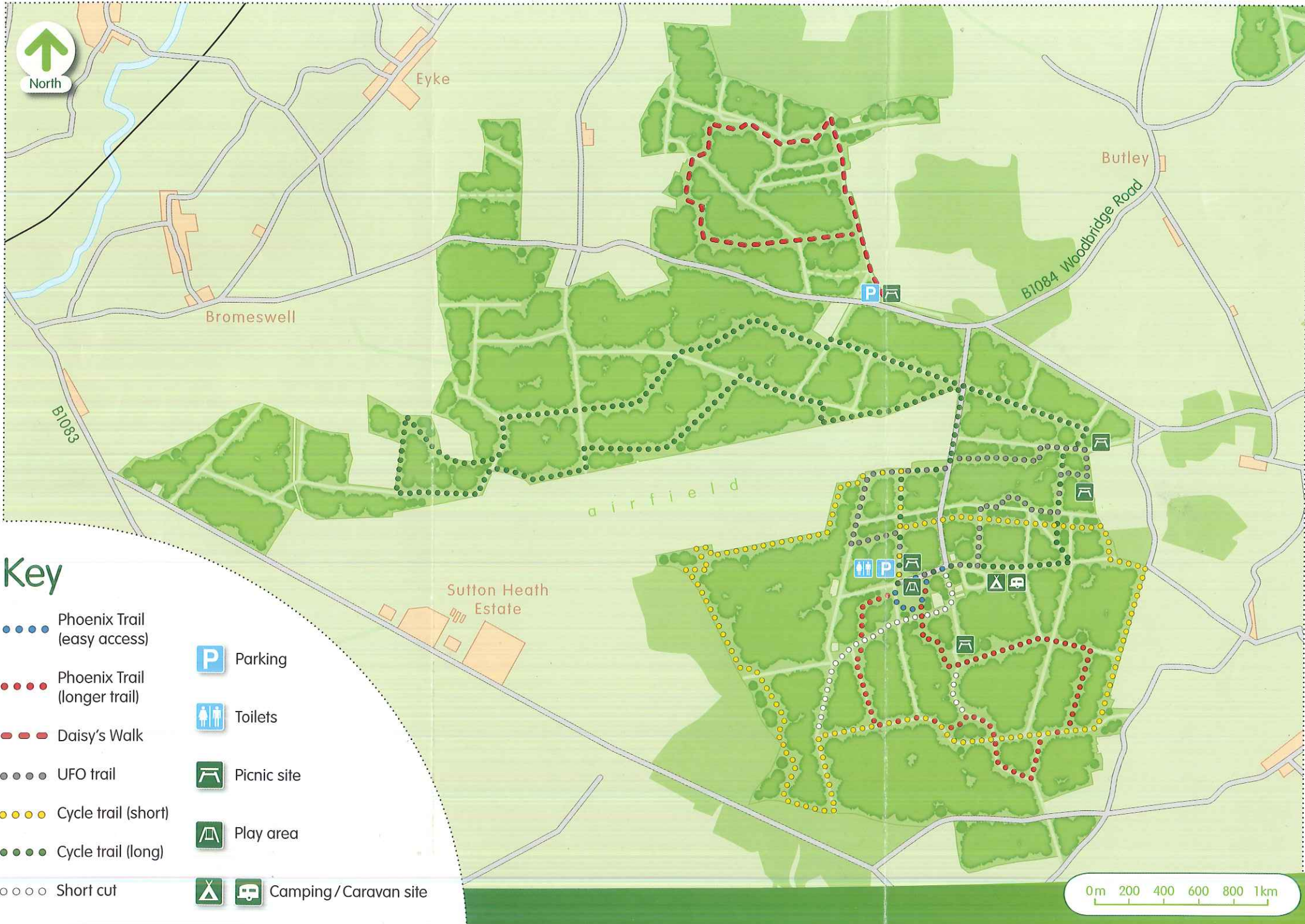
This trail has a short-cut allowing you to halve your ride. (Indicated by white waymarkers).



Long trail:
16 km / 10 miles

Cyclists are requested to respect both the wildlife of the forest and its visitors. Please give way to walkers and horse riders, and do not cycle through plantations. Also please avoid cycling on the main picnic areas and the 'Easy Access' walking trail. Thank you.





Key

- Phoenix Trail (easy access)
- Phoenix Trail (longer trail)
- - - - Daisy's Walk
- UFO trail
- Cycle trail (short)
- Cycle trail (long)
- ○ ○ ○ Short cut

