

Bempton Cliffs & Rudston

23.5 miles (37km)
from Bridlington

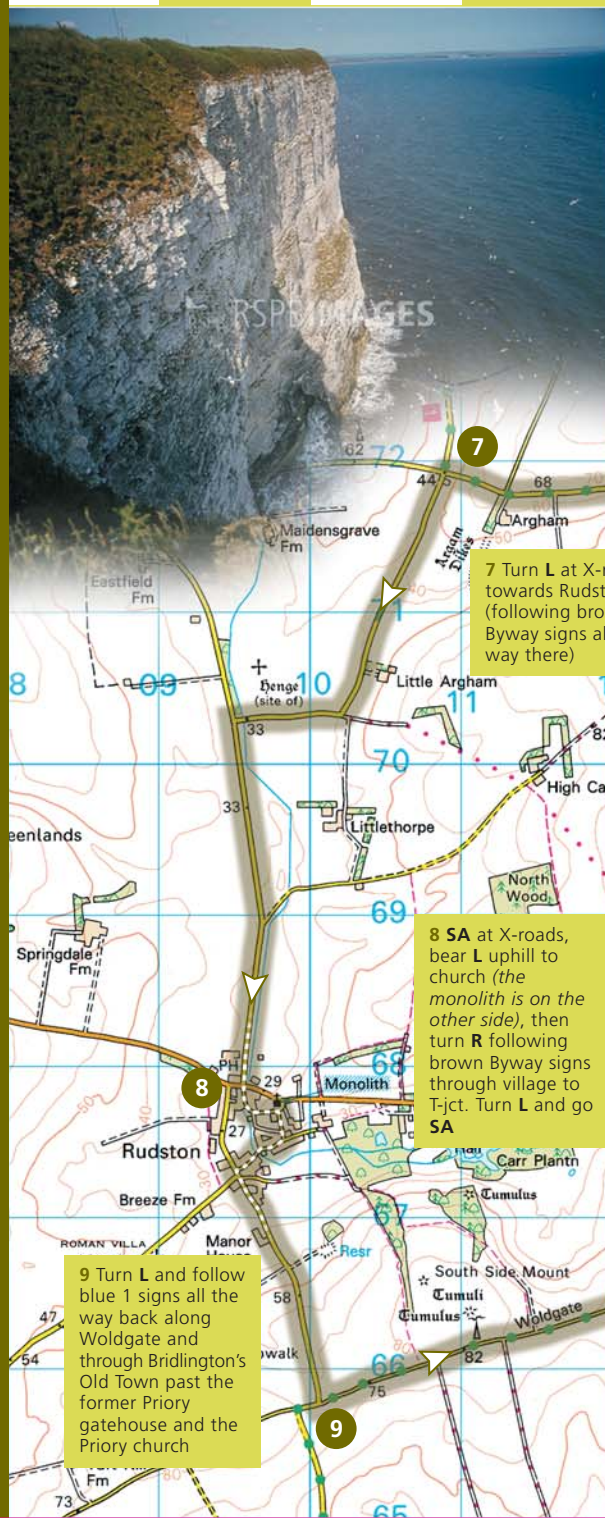


Rudston monolith
© Cooper Douglas

Admire the chalk cliff coastline as you cycle via Sewerby Hall and gardens to Bempton Cliffs. Lock your bike to the racks at the RSPB nature reserve visitor centre and walk to the dramatic cliff tops. Thousands of breeding seabirds nest here each summer. Then it's inland to Rudston village with the largest free standing Neolithic stone in Britain, returning along Woldgate Roman Road and through Bridlington's Old Town. Bridlington is on the Yorkshire Coast railway line.



The Yorkshire Wolds



Route information

Grade: Long · Easy/Moderate
Mostly on road, some traffic-free paths

Start/finish: North end of North Marine Promenade. Use Limekiln Lane seasonal car park nearby

Refreshments: Choice in Bridlington; tearoom, fish & chip shop and pub in Sewerby; shop and pub in Bempton; Eco trailer café at RSPB visitor centre; pub in Rudston. *Opening times vary*

Public loos: In Bridlington (by start of cliff top path)



6 Return to Bempton, turn R and follow blue 1 signs through Buckton and Grindale (take extra care crossing the A1650)

5 Turn R passing church, then L and immediately R along Cliff Lane to the the RSPB visitor centre and cliffs

ALTERNATIVE START from Bempton Station

4 Turn R onto Sheeprake Lane (taking extra care), then L to Bempton, following blue route 1 signs

3 Turn R passing Sewerby Hall and Gardens entrance

2 Turn L just before The Ship Inn sign through bungalows, then turn R and bear L by the pub

10 Turn R down Limekiln Lane underneath the railway to return to the promenade

7 Turn L at X-roads towards Rudston (following brown Byway signs all the way there)

8 SA at X-roads, bear L uphill to church (the monolith is on the other side), then turn R following brown Byway signs through village to T-jct. Turn L and go SA

9 Turn L and follow blue 1 signs all the way back along Woldgate and through Bridlington's Old Town past the former Priory gatehouse and the Priory church

START from the north end of North Marine Promenade

1 From North end of North Marine Promenade head along the cliff top path used by the land train past the coastguard station

← 1km (0.6mile) →

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Leaving Bridlington © Jonathan Tait