Leaving Embsay Station turn right along the main road. At the junction turn right into Shires Lane passing the Sports Grounds on your right. At the next junction turn left on to Low Lane, and after a few yards take the Footpath on the right to Eastby.

Follow the wall on your right to the end then turn left on to a farm track. Go through the farm gate going straight ahead, and then right between the buildings. Before the second silo climb the steps on your left, and carefully make your way across the tyres surrounding the silage clamp to a stile. Cross this stile going straight ahead to a second stile where the path takes you alongside the allotments. Continue through a stone stile and in front of the cottages to the road. Turn right along the village road, and as the road bears left keep straight on along the farm track (Bark Lane) marked by a Footpath sign.

Pass through three sets of metal gates, and at the fourth one where the road peters out, take the stile to the right. Keep the wall on your left until you reach a gateway at the end of the stone wall and then take a diagonal right downhill to a stile and stream at the bottom of the incline (known as Mawking Hole).

Follow the path across a farm track and through 3 stiles until the buildings of Calm Slate Farm can be seen. Aim for the farm buildings and pass through a metal gate with a yellow band on the top. Turn right and go round the farm buildings passing an office for Yorkshire Ice Cream on your right. (There is an ice cream parlour/restaurant and children’s play area where refreshments can be purchased). Continue along the track in front of the farmhouse until you reach a track just after the cattle grid.

Bear right to the junction where you turn left on to a gated road. You stay on this road until you reach Hesketh House. At the end of the farm buildings on your right go through the gate and take the footpath across the field to a gate. You can see the tops of the Chelker Windmills on the horizon. Go through the gate and immediately left to cross a gated stile.

The footpath goes diagonally right across this field and down to a stile in the corner leading on to a narrow lane. Bear right and you will shortly see a gate on your left marked ‘To Bolton Abbey Station’. Follow this path under the A59 and continue to the Station.

The walk takes you to Bolton Abbey Station where you can then take the train back to Embsay Station. You are advised to check the times of the trains before planning your walk. Alternatively, you could go by bus to, or park at Bolton Abbey Station, take the train first and walk back to the Station.

Park your car at Embsay Station, near Skipton.
Distance: 5 Miles

Ordnance Survey map OL2, Yorkshire Dales, Southern and Western Areas

Grid Reference SE 00728 53317 (start) to SE 06143 53364 (finish)