Views on the Tranquillity Trail:
Peel Park

Undercliffe Cemetery Conservation Area

Cathedral Close

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**BRADFORD CATHEDRAL**

The cathedral offers you a warm welcome whether you come to pray, to explore the architecture and heritage or simply to sit and enjoy its warmth and peace. If you have any questions please ask and we will be delighted to help you in any way we can. Candles are next to the lectern if you would like to light one or leave a prayer.

**Opening Times**
- Monday to Saturday: 9.00am - 4.30pm
- Sunday: 11.30am - 4.00pm

**Service Times**

<table>
<thead>
<tr>
<th>Day</th>
<th>Service Type</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>8.30am Holy Communion</td>
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<tr>
<td></td>
<td>10.15am Choral Eucharist</td>
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<td></td>
<td>4.00pm Choral Evensong</td>
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<tr>
<td>Third Sunday</td>
<td>10.15am Choral Eucharist with the Ministry of Healing</td>
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</tbody>
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**Organ Recitals**
- Wednesdays in term time
  - 12.30pm Light lunch

**Coffee Concerts**
- Second Tuesday of the month
  - 10.30am Coffee & Cake

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- Sunday: 11.30am - 4.00pm

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<tr>
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<tr>
<td>Sunday</td>
<td>8.30am Morning Prayer</td>
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<tr>
<td></td>
<td>5.30pm Choral Evensong</td>
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<tr>
<td></td>
<td>Evening Prayer</td>
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<tr>
<td>Third Sunday</td>
<td>10.15am Choral Eucharist with the Ministry of Healing</td>
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</tbody>
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**Closing Dates**

**Main Featured Areas**

- Peel Park
- Undercliffe Cemetery Conservation Area

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Being in tranquil spaces can help us relax, clear our heads and think about important things affecting our lives. Being surrounded by nature has also been found to be hugely beneficial for health and wellbeing especial if we can also hear the sounds of nature. The Tranquility Trail allows you take time to appreciate nature even in the midst of this vibrant city while allowing important personal downtime and healthy exercise.

**This leaflet guides you on a circular journey from the Cathedral Close along relatively quiet routes to some beautiful tranquil spaces in Bradford. At a steady pace it takes just under an hour to complete.**

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*Prepared by Greg Watts with assistance from Gillian Davis. We would welcome your feedback on the Tranquillity Trail. Please email: g.r.watts@bradford.ac.uk or speak to one of our Cathedral Guides. Thank you.*
1. Cathedral Close. A wonderful peaceful space in the heart of the city shielded from traffic and construction noise by the Cathedral buildings and massive stone perimeter wall. The green lawns, mature trees and shrubs add to the sense of tranquillity. Leave by the top (north east) gate and turn left into Stott Hill (see map opposite to follow route).

2. Stott Hill to Wapping Road. Follow Stott Hill uphill and then turn right into Captain Street which is quiet as it carries little traffic and follow it round a left bend until it joins Bolton Road. Turn right onto Bolton Road and walk towards the main Shipley Airedale Road. Cross at the pedestrian crossing and then immediately turn right and cross the continuation of Bolton Road. Once safely over, climb the left branch of the steep wooded path that leads to Wapping Road.

3. Wapping Road to Cliffe Road. Turn left onto Wapping Road and as you follow the road notice the expansive views over the moors, the wooded slopes on the right and rocky outcrop. Due to low traffic flows and the natural features in view this is a relatively tranquil part of the Trail. Keep straight ahead where Wapping Road leads into Bolton Road. Continue along Bolton Road and take the first right into Cranmer Road, a quiet residential street with grassy slopes at the end. Follow the road round to the left and you are now in the adjoining residential street, Exmouth Place that is also peaceful. Carry on a short way and you come to a T-junction with Cliffe Road. Here you turn right and notice the playing fields adjacent to Peel Park. Walk along Cliffe Road and cross over the side road, Barmouth Terrace. A short distance further on notice an entrance with a traffic barrier at the edge of the skateboard park. Near there find a tarmac path and turn left to pass tennis court and cafe.

4. Peel Park. The footpath leads to The Terrace a long straight path with fine statues on one side. Take a short cut across the grass to the nearest statue “Autumn” and turn right onto The Terrace. This is the most tranquil part of the whole trail so take your time look around you and admire the mature trees, grassy well kept lawns, shrubs and flowers. If you have time descend the slope and explore the area round the duck pond and formal gardens. Rejoin The Terrace and walk to the end passing over a bridge and then immediately find gap in stone wall on right and turn into the end of Harrogate Street.

5. Harrogate Street. This is a block ended residential street with little traffic so enjoy the solitude and gardens as you walk towards Otley Road. Cross directly over Otley Road and enter the cemetery entrance.

6. Undercliffe Cemetery Conservation Area. Mount the steps and follow the path round to the left and then turn right up flights of steps to the top of the hill. Here you will find a large collection of magnificent, tall and elaborate stone memorials. The trail meets a wide track and go straight ahead to the exit to the cemetery.

However, if time allows walk along this broad path to a tall column at the western end. Here there are expansive views towards the surrounding moors. This part of the cemetery is well shielded from traffic noise and is a tranquil space for mental relaxation. Return by the same route and find the exit to cemetery as described above into Undercliffe Lane.

7.8. Undercliffe Lane to Barkerend Road. On leaving the cemetery turn right and walk down the hill and past Carlton Bolling College. Cross Undercliffe Lane near the end of the college grounds and take the left turn into Mildred Street. This follows the perimeter of the college grounds and bearing left you are now in Greenway a path that leads through lawns planted with trees between housing. This is one of the quietest areas on the trail as the traffic noise is effectively blocked by the surrounding buildings. Pass through a row of boulders and bear right at the fork in the path and walk downhill towards the bridge over the New Otley Road. Cross the bridge and the trail bears right and then left through bollards into the end of Heap Lane. Another quiet residential road with little traffic. Follow Heap Lane to the end where you will meet the busy Barkerend Road and then turn right heading downhill.

9. Barkerend Road to Cathedral. The final section of the trail follows Barkerend Road downhill. Cross the busy Shipley Airedale Road at the traffic lights and continue ahead downhill. Soon you will see the corner of the Cathedral. Cross the end of Stott Hill and enter Cathedral Close through the entrance you left earlier. You can now enjoy a well earned rest in the quiet surroundings of the close or why not enter the Cathedral for quiet reflection.

Cathedral. The final panel of this leaflet provides times of services should you consider joining us on these occasions. We would love to see you and you can be sure of a very warm welcome.

Finally when rested why not have a look at the magnificent interior. There is a free guide available near the entrance providing details of many of the outstanding features of this wonderful building.