

Keeping it cool this summer!

Summer Treats - Gelateria Danieli

Location: 16 Brewers Ln Richmond TW9 1HH

Gelateria Danieli is a hidden treasure on a side street based in the heart of Richmond. Their gelatos are just simply divine! If you are in the Richmond area, definitely check this place out. They offer a huge range of flavours in both ice cream and sorbet, ranging from Bakewell Tart, Tiramisu to Watermelon! I personally love their sorbet range, there is an added bonus that each scoop is less than 100 kcal – fantastic if you want to indulge guilt free or prefer the less creamy based treats. In order to offer such a variety all year round they display 24 different flavours and rotate them regularly so there is always a rich selection available

Somehow, the ice cream is unique to anywhere else I have sampled; they taste both thicker and smoother than conventional ice creams. Visually, they look like they have been whipped into submission. Row after row of multi coloured tufts of creamy concoctions await you when you walk in.

It is worth noting that Gelateria Danieli is very affordable for the quality and portion size you get. Ranging from; 1 scoop (£2.25), 2 scoops (£3.50), 3 scoops £4.50 or 4 scoops (£5.50). Additionally, if you want to share this treat with your family and friends you can purchase up to a 1.2 litre container to take away.



Summer Leisure – Pools on the Park

Location: Pools on the Park, Old Deer Park, Richmond, Surrey TW9 2SF

Nothing is greater than when you feel the warmth of the sun's rays radiating on your skin. A cool breeze sweeps by, and the sound of the water puts you in a meditative state. No, I'm not describing a tropical paradise; I'm describing a day at Richmond's leisure club 'Spring Health' offering a unique heated outdoor swimming pool as well as a main indoor pool and learning pool for non-swimmers.

The location is ideal, only a few minutes' walk from Richmond train and tube station and in the middle of beautiful green parkland near the Thames, making it the perfect location to do a spot of sunbathing.

The great thing about this leisure club is that you do not have to be a member to use the swimming pool facilities; you merely pay a marginally higher fee for using them. For example; Adult entry is £5.15 and with Leisure card £4.10.



Swimming Prices	Standard Price	Leisure Card Price
Adult	£5.15	£4.10
Child (5-16yrs)	£4.00	£3.10
Child (under 5yrs)	FREE	FREE
Student* / Concession	£4.00	£3.10
Senior Citizens	£2.15	£1.95

Summer Explore – Bushy Park

Location: The Stockyard, TW12 2EJ

If you fancy a bit of exploring, Bushy Park is the second largest Royal Park in London, covering more than 445 hectares (1,099 acres) of land. This means it the ideal home for a variety of incredible wildlife. Every time I have been, I have always spotted a few free-roaming deer or squirrel.

This park is the perfect location for families during summer due to its large offering of activities. It has a large play area, the famous Diana foundation and Chestnut Avenue designed by Sir Christopher Wren. Additionally, there are various refreshment points spread across the park including an indoor Pheasantry café as well as an outdoor mini café, each provide a range of hot and cold snacks and beverages daily.

