

## **Are you ready to race?**

The Pancake Races are back, and this year will be bigger and better than ever! On Tuesday 17<sup>th</sup> February, join The Association of Ross Traders at the Market House for the traders' race, men and women's sprints, children's races, open relay and grandparents meander.

To take part in any of the races, all you need to do is fill in an entry form and bring your own frying pan and apron. Pancakes will be provided and entrants must toss their pancake at the beginning, middle and end of their race. Entry fee is £1 per person taking part if pre-booked, or £3 on the day.

This year the races will be happening during half term, which means they will start at the earlier time of 10.30 and finish at around 12 noon.

With delicious crepes served by Field Fayre, and a lot of giggles to be had during the races, it really is an event not to be missed.

For more information, please contact Helen Kiddy on 07971603656, or email [enquiries@esssewing.co.uk](mailto:enquiries@esssewing.co.uk)