

Cooking up a Feast – Junior 'ForestChef' 2011 – Call for Entries

Harts Barn Cookery School Launches Competition for under 18s - judged by Celebrity Chef James Sommerin

Harts Barn Cookery School has teamed up with the Forest Showcase and celebrity chef James Sommerin, Executive Head Chef at The Michelin-starred Crown at Whitebrook and sister restaurant the three AA rosette, Crown at Celtic Manor, to launch “Junior ForestChef” a new competition that is open to anyone under the age of 18 with a passion for food and cooking.

The prizes are fantastic too – the winner will receive a brand new food processor, personalised Chefs Whites and a certificate. The five runners up will all receive their own Hand Blender and signed cookbook from James. The competition will be judged on passion for cooking, creativity and flavour rather than technical ability, which is why it is open to children of all ages.

The competition will be run and judged by James, at this years Spring Food Showcase which will be held at Harts Barn Craft Centre on Sunday 29th May and Monday 30th May. The competition will form part of the two day Spring Food Festival, which this year, will serve to showcase the new Cookery School as well as offer the very best of local produce, workshops, demonstrations and children’s activities.

To gain a place to cook in the live competition at the Spring Food Showcase, hopefuls should fill in an entry form describing the dish they would cook for James. It must contain one locally sourced or produced ingredient, cost no more than five pounds and be prepared and presented within one hour. Entry forms are at www.hartsbarncookeryschool.co.uk or can be obtained by calling 01452 830954. The closing date for entries will be 20th May 2011.

During the Spring Food Showcase, James ,who represented Wales in BBC two’s Great British Menu in 2009, will be cooking dishes from his cookery book as well as conducting a Masterchef class and taking part in a question and answer session.

Yvette Farrell, Manager of Harts Barn Cookery School commented: “What can be more inspirational for kids, than the opportunity to meet and cook for a Michelin-starred chef? We really do encourage all ages to enter, its never too early to nurture a passion for cooking and who knows we may even uncover a future top chef!

“It’s a great pleasure for us to have James Sommerin on board. He’ll be running a Masterclass for adults, as well as children, during the food festival and we’re also in the process of putting some fantastic courses together with James to run later in the year.”

-ends-

Further details of the competition are available on the Harts Barn Cookery School website www.hartsbarncookeryschool.co.uk or at www.forestshowcase.org.

- For further information and photography please contact:

Helen Hayes at Harts Barn Cookery School on 07716 257375 or helen@hartsbarncookeryschool.co.uk

Amanda Smith at The Forest Showcase on 07980 357 747 or www.forestshowcase.org