

An invitation to take part in the third

***JUNIOR
BEACHY HEAD
CHALLENGE***
2009

2km and 3km cross country challenges for young runners.

Saturday 24th October



Entry fee £5.00



ENTRY FORM (This entry form does not guarantee a place, photocopies are acceptable)

(BLOCK
CAPITALS
PLEASE)

SURNAME..... FORENAME..... M / F AGE

ADDRESS.....

..... POSTCODE.....

CLUB/GROUP/SCHOOL..... ENTRY CATEGORY (2km or 3km).....



Entry Category:
2km = 8-11 year olds
3km = 12-16 year olds

Notes for Parent / Guardian / Responsible Adult

I/we and the junior runner agree to abide by the rules of the event and accept that I/we are responsible for the junior runner/s safety at all times.
I/we understand that the organiser, Eastbourne Borough Council and Sussex Police cannot be held responsible for any injury or loss of effect sustained by me/us during or after the event.

SIGNED.....
Parent / Guardian / Responsible Adult

Home telephone no. E-mail

Emergency contact telephone no. (Please give the number of someone we can contact if you have an accident)

Please make cheques (£5.00) payable to EASTBOURNE BOROUGH COUNCIL and send 1st class with your 6"x 8" SAE to: Anita Newman, Junior Beachy Head Challenge, 1Grove Road, Eastbourne, East Sussex BN21 4TW.

Are you available on the day to assist with marshalling? 3k 2k (please tick)

Name Contact number



DETAILS AND RULES - PLEASE RETAIN

DATE - Saturday 24th October 2009.

VENUE - St. Bede's School, Eastbourne.
Situated at the far western end of the seafront at the beginning of the South Downs Way.

ENTRY - Numbers limited. No entries on the day.

ENTRY FEE - £5.00 (not refundable once accepted) includes commemorative medal. Cheques payable to **Eastbourne Borough Council**. No cash or Postal Orders. Please **do not** staple your cheque to the entry form

ENTRY NUMBER - will be sent to you after receipt of your entry form and payment.

START - There will be 2 starting times for the Junior Marathon:
9.30am for 12-16 year olds (3km distance)
10.15am for 8-11 year olds (2km distance)
outside St Bede's school.

FINISH - The event will close at 11.15am

COURSE - This will be marked and marshalled, and will follow a scenic route over open downland. Beware of rabbit holes and uneven ground.

SAFETY - All junior runners participating should have a parent/guardian or responsible adult present at the event. All signs and directions must be followed, police and marshalls' instructions obeyed and the route strictly adhered to.

CLOTHING - Conditions could be bad, especially on the high ground and along the coast, therefore care should be taken in choosing what to wear.

RESULTS - of finishers may be obtained by e-mail from juniorbhm@eastbourne.gov.uk or on receipt of an SAE, marked 'Junior BHM Results'.

MARSHALLING - The Event Coordinator welcomes any offers of assistance.

ACCOMMODATION - Assistance can be obtained from the Tourist Information Centre, Cornfield Road, Eastbourne.
Telephone: (01323) 647130.
E-mail: liz.attwell@eastbourne.gov.uk
or visit the website:
www.visiteastbourne.com.

SPECTATORS - Family and friends are welcome. Please watch the Start and Finish.

MERCHANDISE - Sweatshirts, T-Shirts and caps will be available to purchase from 0800 hrs and throughout the day while stock lasts.

FIRST AID - Cover will be provided throughout the event.

SPONSORSHIP - Eastbourne Borough Council have no objections to the event being used by participants to raise money for causes of their own choice.

FURTHER ENQUIRIES

Anita Newman,
1 Grove Road,
Eastbourne,
East Sussex, BN21 4TW.
Tel: 01323 415442
Fax: 01323 736373
E-mail: juniorbhm@eastbourne.gov.uk