

Adult Classes

at Shinewater Sports Centre

| CLASS | TIME | AGE | PRICE | CONTACT DETAILS |
|--|-----------------------------------|---------|-------------------|-----------------|
| Monday | | | | |
| Walking Football | 09:15-10:45 | 50yrs + | £3.00 | Contact centre |
| Pickleball | 11:00-13:00 | 50yrs + | £2.50 | Contact centre |
| Over 50's Table Tennis | 14:00-17:00 | 50yrs + | £2.50 | Contact centre |
| Open Badminton | 19:00-21:00 | All | £2.50/ £3.00 | Contact centre |
| Tuesday | | | | |
| 50+ Badminton | 09:00-13:00 | 50yrs + | £2.50 | Contact centre |
| Wednesday | | | | |
| Healthy Living Club | 10:00-12:00 (Every other week) | All | Contact Centre | Contact centre |
| Over 50's Walking Netball | 11:00-12:30 | 50yrs + | £2.50 | Contact centre |
| Over 50's Table Tennis | 13:15-15:15 | 50yrs + | £2.50 | Contact centre |
| Over 50's Fitness Session | 14:00-15:00 | 50yrs + | £3.00 | Contact centre |
| Thursday | | | | |
| Pickleball | 11:00-13:00 | 50yrs + | £2.50 | Contact centre |
| Beginners to Spinners Open Table Tennis | 19:45-21:45 | All | £3.50 | Contact centre |
| Friday | | | | |
| Over 50's Badminton | 09:00-13:00 | 50yrs + | £2.50 | Contact centre |
| Saturday | | | | |
| Pickleball | 16:00-18:00 | All | £2.50 | Contact centre |
| Sunday | | | | |
| Short Mat Bowls | 10:30-13:00 | All | Contact club | 01323 485244 |

Centre memberships are not required to attend any class. Classes and prices are subject to change

Children's Classes at Shinewater Sports Centre

| CLASS | TIME | AGE | PRICE | CONTACT DETAILS |
|---|-------------|----------------|-------------------------|---|
| Shining Stars Dance Academy run various style classes through out the week during term time | | | | 07980986672 info@shiningstarsdance.co.uk |
| Monday | | | | |
| Tumble Tots | 09:30-10:15 | Walking - 2yrs | Termly payments | 07867801185 www.tumbletots.com |
| | 10:30-11:15 | 2-3yrs | | |
| | 11:30-12:15 | 6m - Walking | | |
| | 12:30-13:15 | 3-5yrs | | |
| Wednesday | | | | |
| Happyjacks Softplay | 09:45-10:45 | 1.5-5yrs | £4.50/£5.50 per session | 07738381384 www.happyjackssoftplay.co.uk |
| | 11:00-12:00 | | | |
| Little Tekkers Football | 10:00-10:45 | 3 & 4yrs | £3 | Contact centre |
| Eternity Gymnastics | 16:30-17:30 | 4-16yrs | £4.80 | 07925052397 eternitygymnastics@sky.com |
| Thursday | | | | |
| Netcall Badminton | 18:00-19:00 | 7-16yrs | Contact club | 01323 768089 |
| Friday | | | | |
| Track Active | 16:00-17:00 | 4 - 6 | £2.50 ppps | Contact Centre |
| Junior Football | 16:00-17:00 | 5-12yrs | £2.00 | Contact Centre |
| Saturday | | | | |
| Shinewater Gymnastics Club | 09:00-10:30 | 8-12yrs | Pay termly | Contact Centre |
| | 10:30-12:00 | 4-8yrs | | |
| | 13:00-14:30 | 4-8yrs | | |

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For more information
Call: 01323 768614
Email: sport@eastbourne.gov.uk
Website: www.sporteastbourne.co.uk



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