

Saltmarsh Half-Marathon & Saltmarsh Ultra-Marathon

Terms and Conditions of Entry 2020

Please read the terms and conditions below thoroughly before proceeding with entry to the Saltmarsh Half-Marathon or the Saltmarsh Ultra-Marathon.

Be aware; the Saltmarsh Half-Marathon is a physically demanding event and the Saltmarsh Ultra-Marathon is both physically and mentally demanding.

The Saltmarsh Half-Marathon is a sign-posted (where appropriate) 13.1-mile timed trail event. The Saltmarsh Ultra-Marathon is a descriptive 52.4-mile (double marathon) timed trail challenge event.

Both events take place, mostly, along Maldon District seawall and pathways with a few short sections on minor public roads. For the Ultra you will be provided with a narrative description and map of the course as route signage will be limited and there are minimal marshals on the course. The Half Marathon will be fully signposted and marshalled in places we deem appropriate.

All entrants should ensure they have trained accordingly to ensure they are in good health (physical and mental). If you have suffered recent illness or injury you are strongly advised to seek professional advice before entering or participating in either event.

The route maps are available here:

The Saltmarsh Half-Marathon - [route map](#)

The Saltmarsh Ultra-Marathon - [route map](#)

A GPX file for the Ultra will be available to download onto your navigation devices nearer the time.

We request that all participants have studied the route map via the link above and made any key notes deemed necessary by yourselves. We also suggest those entering the Ultra save the link onto mobile device(s) that will be with you whilst on the course as the map can be used for navigation and location reference. Before submitting your entry, please ensure you have read and understood all information and conditions of entry. If you have any questions, please contact us **before** entering.

By submitting an entry, you declare you have read, understood and agreed to abide by the rules of the event, British Athletics / Trail Running Association regulations and to follow any reasonable instructions issued by the Event Organisers. Also, you are confirming that you are participating at your own risk and that no liability is accepted by the Organisers for injury, damage or loss sustained by yourself before, during or after the event. Those who require insurance cover against possible injury and/or loss of, or damage to property, should make their own arrangements.

All enquiries should be made to thesaltmarsh75@maldon.gov.uk or events@maldon.gov.uk any telephone enquiries can be made by calling 01621 854477.

The Organisers reserve the right to change the event in any way considered appropriate to the prevailing conditions. Any changes will be communicated to participants via email, social media

and the event website at the earliest possible opportunity. If the event must be rescheduled or cancelled through no fault of the event Organisers, no refunds will be made but entries will be transferred forward to the rescheduled or following year's event.

General Conditions

1. All Saltmarsh Half-Marathon participants must be 18 years of age or over on Saturday 3rd October 2020.
2. All Saltmarsh Ultra-Marathon participants must be 20 years of age or over on Saturday 3rd October 2020.
3. Closing date for entries is Sunday 20th September 2020 or earlier if the entry limit has been reached (350 individual competitors for the Half and 250 for the Ultra, including relay & duo teams).
4. Incomplete entry forms will not be processed until all information and full payment has been received.
5. No entries will be accepted on the day.
6. No allowance can be made for late arrivals on the day.
7. Regrettably, dogs are not permitted except registered assistance dogs.
8. Participants must be in good health and be capable of completing the route at a **minimum average speed of 3 mph**. Participants will have 4 ½ hours to complete the 13.1-mile route and 17.5 hours to complete the 52.4-mile route. Advice should be sought if you are unsure of your capabilities.
9. Participants must keep to the prescribed route and act appropriately at all times.
10. Participants must follow all reasonable requests from event marshals and support staff.
11. The Race Director reserves the right to retire any participant at any point on the course if they deem it necessary based on health & safety, participant wellbeing, failure to achieve cut off times and general health concerns.
12. Any Saltmarsh Ultra-Marathon participant who arrives at Maylandsea (Checkpoint 3) later than 10pm will be retired automatically on the grounds of wellbeing and safety.
13. Any participant who wishing to retire or leave the event route **for any reason** must do so at a Check Point or Water Point, informing a marshal or telephoning event control immediately on the number provided.
14. The Saltmarsh Half-Marathon will have two water stops to support participant hydration.
15. **Mandatory Equipment for all:**
 - Participants must wear and/or carry appropriate clothing for the predicted weather conditions – the route is predominantly off-road, exposed, and with little opportunity for shelter. Should extreme weather be forecast leading up to the event day additional advice will be issued by the Organisers via email, social media and the Saltmarsh75 website.
 - All participants must display their participant number on their front and Ultra participants may be required to register with race officials at every Check Point.
 - Bone conducting ear phones are permitted. No other type of headphone is to be worn and no amplified music to be played. This is for participant safety as some of the route is on minor roads and there are two railway crossings.
16. **Additional Mandatory Equipment for Ultra Participants:**
 - All participants must carry a charged mobile phone along with the number that has been provided at registration.
 - Participants must carry a copy of the provided route description & map at all times, regardless of whether they have a GPX option.
 - Participants must also carry a good quality torch or head torch, regardless of their expected completion time

- Ultra-participants should not rely on food and drink provided by the event organisers and should always carry at least 500ml of water or drink, as well as any desired items like energy bars etc.
- 17. For the Saltmarsh Ultra-Marathon, we can distribute small packages of your personal drinks, nutrition or equipment to Check Point(s) only (not to water stops) on the route. Please note that the definition of a small package would contain a 500ml bottle of drink, sandwich, snack bar and perhaps one or two small items of clothing. Anything larger than this will not be transported by the Logistics Team. Please bear in mind if you leave items at any Check Point you may finish the event before those items are delivered to the finish. We cannot guarantee those items being delivered at a time that suits you due to the nature of the work of the Logistics Team. If the item(s) are valuable or are required at the finish, please carry them with you.
- 18. Any of your items arriving after you have left, or are forgotten, will be held at Saltmarsh HQ for 14 days. Any items not claimed and collected within the 14 days will then be redirected to a local charity shop or disposed of.

Cancellations / Refunds

Should you need to cancel your entry we must be notified in writing or email by the person who made the booking.

- Cancellations made earlier than 60 days (3rd August 2020) before the closing date will be fully refunded minus a £5 admin fee.
- Cancellations made within 60 calendar days of the event, but less than 30 calendar days will be refunded minus a £10 admin fee.
- Cancellations made within 30 calendar days of the event will not be refundable, however, you do have the option to transfer your entry to another participant up to 10 days before the event (23rd September 2020) with an admin fee of £10.00.
- Please note there will not be the opportunity to defer your entry to the follow year.

Data Protection

The data submitted with your entry is processed by Maldon District Council (the Data Controller) for the administration of this event only. It is only shared where necessary for the safe running of the event with medical & emergency response teams, event officials and the results service provider (name, event category and race number only). Any medical information and next-of-kin data is deleted three months after the event.

We do not share your data with any marketing companies and will only contact you in relation to this event. We would like to keep your data to be able to keep you informed of future events.

To change this permission, or ask us to remove your data contact us at events@maldon.gov.uk

Further details about how we protect your data can be found in our Terms & Conditions on the Council's website www.maldon.gov.uk/terms. For more information, please contact our Data Protection Officer on 01621 876224 or dpo@maldon.gov.uk.