

## Passport 2 Pedalling

Great cycling activities for all the family in the Lake District and Cumbria.

With mountains and valleys, miles of mature forest, endless lake and coastal shores, the landscape of Cumbria makes an amazing place to go cycling.

Complete novice or seasoned cyclist, family and friends, individuals and groups, there are great routes across the county for everyone to discover and enjoy.

Inspired by the London games, Passport 2 Pedalling aims to make it easy to get involved in cycling in the Lake District and Cumbria and for everyone to have great fun on two wheels!

for more information visit [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p)

## take up the 2012 challenge!



Can you ride 2012 Cumbrian miles before the London games?

A few miles here and there or a weekend 'epic', join in at [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p), record your rides and you could win new bikes worth up to £1,000!\*

It's **FREE** to take part and open to everyone!

\*Terms and Conditions apply. For full details of the 2012 Challenge, entry details and prizes, visit [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p)



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adventurecapital  
the lake district  
Cumbria

passport 2 pedalling

Whitehaven Harbour to  
Ennerdale Bridge cycle route

Route 6 - Whitehaven Harbour  
to Ennerdale Bridge



Short sections on town roads then traffic-free cycle paths and back roads with good surfaces and gentle hills.

**Distance:** 20.5 miles (33km)

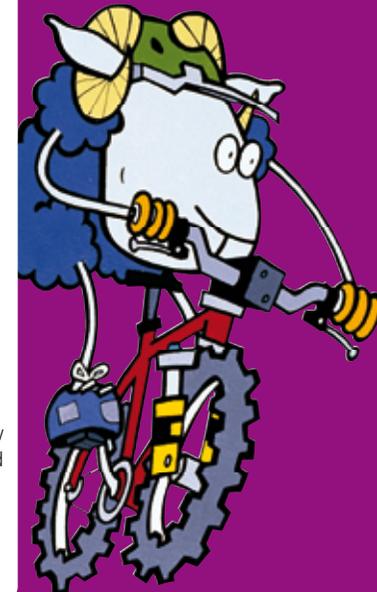
**Nearest Town:** Whitehaven

**Start Location:** Whitehaven Harbour

**Directions to Start (by car):**

From the north, follow the A595 towards Whitehaven. When approaching Whitehaven follow sign to St Bees, Barrow and the West Cumberland Hospital (staying on the A595). Don't head into the town centre at this point. Keep the BP Garage on your right. Once you see the "Get In Lane" sign move into the right lane signed to Whitehaven Town Centre A5094. Turn right at the traffic lights. Follow directions below from this point.

From the south, follow the A595 signed to Whitehaven. Turn left off the A595 onto the A5094 signed to Whitehaven town centre. Follow the road down the hill past Morrisons supermarket. Turn left signed St Bees (B5345) and Car Parks. At the mini roundabout follow sign for pay and display and the harbour. Pass the Dusty Miller Pub, multi storey car park and turn first left at Argos to Quay Street Car Park. Entrance to the car park is on your left after 150m.



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# Whitehaven Harbour to Ennerdale Bridge cycle route

## the route

With your back to the C2C sign head towards the Zest Harbourside Restaurant. At the restaurant turn left and take note of the small blue C2C cycle route arrow on the opposite side of the road. This is route 71 cycle network and makes up 75% of the ride.

Be aware that this first section is on roads that can be busy, so be ready to walk if you are not confident in traffic.

Follow Quay Street up to the main road. Once at Swingpump Lane, turn right (follow the C2C signs) and go straight over at the 1st roundabout and again straight over at the 2nd. Shortly after, route 71 turns left off the main road and on to a cycle path (a DIY super store is on your left).

Follow the C2C route 71 signs for 13km on cycle paths and a few very quiet roads, taking you past Cleator Moor, Frizington and through the edge of Rowrah on your way to Kirkland.

In Kirkland you leave the C2C route and take a right turn at the crossroads in the centre of the village. Follow the road for 2km into the centre of Ennerdale Bridge, where you turn right and cross the river, before following it along towards Cleator Moor. Just before the town you cross the river again, then cross the A5086 at a staggered junction.

Cycle into the town centre, past the post office and then 1km further brings you to a road bridge with green railings over the cycle path. Just before this bridge, opposite the job centre, are some silver barriers down the side of a blue and white house.

You will see the C2C 71 sign also tucked away down the side of the house; follow this cycle path down to join the main route 71 back to Whitehaven.



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