

## Passport 2 Pedalling

Great cycling activities for all the family in the Lake District and Cumbria.

With mountains and valleys, miles of mature forest, endless lake and coastal shores, the landscape of Cumbria makes an amazing place to go cycling.

Complete novice or seasoned cyclist, family and friends, individuals and groups, there are great routes across the county for everyone to discover and enjoy.

Inspired by the London games, Passport 2 Pedalling aims to make it easy to get involved in cycling in the Lake District and Cumbria and for everyone to have great fun on two wheels!

for more information visit [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p)

## take up the 2012 challenge!



Can you ride 2012 Cumbrian miles before the London games?

A few miles here and there or a weekend 'epic', join in at [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p), record your rides and you could win new bikes worth up to £1,000!\*

It's **FREE** to take part and open to everyone!

\*Terms and Conditions apply. For full details of the 2012 Challenge, entry details and prizes, visit [www.golakes.co.uk/p2p](http://www.golakes.co.uk/p2p)



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**Cumbria Tourism**



adventurecapital  
the lake district  
Cumbria

passport 2 pedalling

## Ennerdale Water cycle route

Wide mountain bike forest tracks and quiet backroads. Hilly in places but mostly gentle climbing and descending.

**Distance:** 19 miles (30.5km)

**Nearest Town:** Egremont

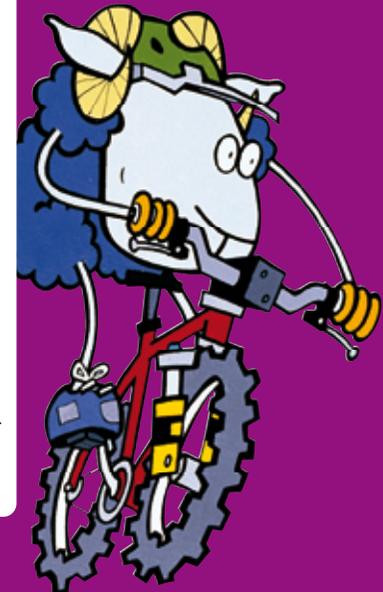
**Start Location:** Ennerdale, Shepherds Arms Hotel

**Directions to Start (by car):**

From the north, head west on the A66 towards Keswick and Whitehaven. Turn on to the A5086 towards Egremont at the roundabout. Take a left turn signed to Ennerdale and Kirkland. Stay on this road to Ennerdale and the Shepherds Arms is on the right.

From the south, head north on the A595 to Egremont. At the roundabout take the exit to Cleator Moor and Cockermouth on the B5086. Look out for the right turn signed to Ennerdale Bridge and the Shepherds Arms is on your left.

Route 3 - Ennerdale Water



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# Ennerdale Water cycle route

## the route

From the three-way junction in the centre of Ennerdale, just in front of the pub, follow the road signed to Ennerdale Water and stay on this road for 2.25km.

At this point the road bears round to the left and there is a junction on the corner. Take a right turn at this junction (look out for the sign "Unsuitable for Motor Vehicles").

At the next T junction in 1.2km turn right and stay on this road to the car park. Continue straight on, as the road becomes a forest track down the shores of Ennerdale. Once at the end of the lake, stay on the track and keep the stream on your right hand side. You are aiming to cycle to the Youth Hostel (Black Sail YHA). In total the length of the track from the car park to the hostel is 9km.

From the hostel turn back on yourself for 400m, and then turn left downhill, over the stream then up to a junction where you turn right. Follow this track for 6.7km, when you will reach a T junction where you turn right to rejoin the trail you came out on. Now turn left and head back towards the car park at the end of the road.

From the car park retrace your route back to Ennerdale Bridge - carry on up the road and take the 3rd left at Whins. Head down the hill to the T junction and turn left back towards Ennerdale Bridge.



## Ennerdale Water cycle route

