

will i need to re-charge it?

The range of an electric bike is between 15-40 miles on a single charge, depending on what setting it is on, the terrain, head wind and the rider's weight. There are a number of charge points within the area - typically cafes, pubs restaurants or visitor attractions - where you can recharge the battery for free. Your hire point will provide you with more information on where exactly to charge the bike.

what if something goes wrong with the bike?

If you have a puncture, or your bike breaks down you will need to call an emergency phone number to arrange to be picked up and either returned to your hire point or provided with a replacement bicycle.

where can i hire one from?

The Lake District Electric Bicycle Network has over 40 bike hire and charge points. See inside for details on the hire point locations, including those close to a train station. Either call one of the hire points listed, or send them a booking enquiry via the website at: www.electricbicyclenetwork.com/hire. It is highly advisable to book your bike in advance as availability is limited.

how do i get my 20% discount?

To be eligible for 20% discount off hire you need to travel to the Lake District by train. Book your cycle in advance and show a valid rail ticket upon arrival at the hire point.

Purchase train tickets to the Lake District from your local station or at www.tpexpress.co.uk
Terms & conditions apply - see back page.

how much do they cost to hire?

Costs vary from £5 for an hour 'taster session' to around £35 for a full day, depending on location.

The bike comes equipped with built-in lights, locks, helmets, bags and maps.

20% off hire
when you travel to the
lake district by train

what other lake district ebike hirers have said...

'Fantastic day out on the bikes. Well worth every penny. Definitely give it a go! We did 20 miles and didn't break a sweat - loved it!!'

'A great experience; a wonderful bike, very easy to ride. It exceeded my expectations by miles!'

contact the electric bicycle network

Visit us on the web at:
www.electricbicyclenetwork.com

Follow us on Twitter:
[@ebicyclenetwork](https://twitter.com/ebicyclenetwork)

Like us on Facebook:
The Electric Bicycle Network

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www.tpexpress.co.uk

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Booking terms and conditions

- It is advisable to reserve your electric bike in advance by calling one of the hire points listed or send a booking enquiry via www.electricbicyclenetwork.com/hire
- The 20% discount offer applies to standard hire rates only. Excludes any special promotional rates organised by the hire points.
- Offer only accepted if train tickets are produced in person at the hire point. Tickets must show any Lake District station as final destination. Tickets valid for up to three days after printed date of travel.
- E-tickets, rover, mobile tickets, print at home tickets and valid season tickets accepted if showing any Lake District station as destination. Valid for up to three days after printed date of travel.
- Multi ticket use not accepted. One valid train ticket required per person wishing to access the 20% discounted hire offer.
- The offer may not be used in conjunction with or in addition to any other discount voucher, offer or concession rate offered by Electric Bicycle Network hire points or other organisations.
- It is always advisable to reconfirm special conditions and rates with the hire point before setting out on your journey.
- First TransPennine Express & Electric Bicycle Network reserves the right to withdraw, amend or replace the offer in respect of any activity without prior notification.
- First TransPennine Express accepts no responsibility for loss of property/injuries/or accidents that may occur whilst taking part in the Electric Bicycle Network activity.

First TransPennine Express

explore the lake district with an electric bike

20% off hire
when you travel to the
lake district by train



in partnership with

CYCLEWRIGHT
SOUTHLAKES
MOBILE CYCLE REPAIR SERVICE

Exploring the hills, lakes and fells of Cumbria's impressive landscape with the powerful assistance of an electric bike means no straining up the hills or against headwinds.



Anyone can enjoy cycling this way, so come and have a go!

how is an electric bike different?

Most electric bikes are just like any other bicycle - you still have to pedal and you have a range of gears to use.

However, at any point you can choose to switch on the electric power and select different settings to give you increasing levels of 'boost' to help you ride up the hills with relative ease and no sweat. Be warned - it is a very addictive feeling!

where can i go on one?

There are plenty of suggested half - or full day cycle routes linking beautiful locations with quality places to visit. Eat, drink and be free to explore as you please! Your hire point will provide more information.

5 great reasons to get on an electric bike!

it's so easy!

No worries about parking and you get to see more. Enjoy the freedom whilst the bike does the hard work, taking the grind out of the Lake District hills!

it's great fun!

Cycling is really enjoyable, whether riding alone, or with friends and family. Why not visit a local attraction, have lunch at a lovely country pub, explore the scenic landscape of the Lake District and make a day of it?

it's perfect for exploring!

There are wonderful quiet roads and trails to explore in the Lake District so get away from the hustle and bustle of the main centres, assisted by our cycle route maps.

it's good for the environment!

Help protect the unique and beautiful Lake District by swapping a car journey for a train and bike trip - less carbon, less congestion, less hassle and less traffic.

it's good for you!

Regular cyclists can have the improved overall fitness of someone 10 years younger and can live two years longer! Just 20 minutes of gentle cycling can easily burn 100 calories. So, give it a go in the Lake District, and see just how much fun it can be!



bike hire locations

- 1 Askew Cycles, Kendal LA9 6EN** 01539 728057
About 5 minutes walk away from Kendal Railway Station. Also hires conventional bikes.
- 2 Cedar Manor Hotel, Windermere LA23 1AX** 015394 43192
About 5-10 minutes walk around corner from Windermere Railway Station.
- 3 Coniston Boating Centre, Lake Road, Coniston LA21 8EW** 015394 41366
- 4 Damson Dene Hotel, Crosthwaite LA8 8JE** 015395 68676
- 5 Ghyllside Cycles, Ambleside LA22 9DQ** 015394 33592
Also hires conventional bikes.
- 6 Great Langdale NT campsite LA22 9JU** 015394 37668
- 7 Grizedale Mountain Bikes, Grizedale Forest LA22 0QJ** 01229 860369
- 8 Hawkshead Post Office, Hawkshead LA22 0NS** 015394 42435
- 9 Kendal Hostel, Kendal LA9 4HE** 015397 24066
About 10 minutes walk away from Kendal Railway Station via the town centre.
- 10 Lakeside Hotel, nr Newby Bridge LA12 8AT** 015395 30001
- 11 Lindeth Howe Hotel, nr. Bowness LA23 3JF** 015394 45759
- 12 Low Wray NT campsite, Low Wray LA22 0JA** 015394 32039
Also hires conventional bikes.
- 13 Park Cliffe Camping & Caravan Estate, Windermere LA23 3PG** 015395 31344
- 14 Thorney How Hostel, Grasmere LA22 9QW** 015394 35597
- 15 Wheelbase, Staveley LA8 9LR** 015398 21443
About 5-10 minutes walk through the village from the Railway Station. Also hires conventional bikes.
- 16 Windermere Canoe & Kayak, Bowness LA23 1LP** 015394 44451
About 30 minutes walk down the hill from Railway Station. Also hires conventional bikes.
- 17 Visitor Centre, Brockhole, Windermere LA23 1LJ** 015394 46601
Also hires conventional bikes.

For more information about where to visit, offers, activities (including guided electric bike rides) and getting around the Lake District visit www.golakestravel.co.uk

golakestravel

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