



Quality Cumbria Cyclists Accepted Award

Cycling is an increasingly popular way of taking a holiday in the UK, especially to Cumbria, the Lake District. With this in mind the Quality Cumbria Assessment Scheme now recognises properties that welcome cyclists to their accommodation.

To achieve this award all or the majority of the items listed below have to be in place at the time of the assessment to pass the award.

(The award is only given in conjunction with the QC accommodation award)

Facilities and Services:

- A separate space should be available for drying outdoor clothing and footwear, so clothes can dry overnight.
- Lockable undercover area for safe overnight storage of bicycles and panniers, with an unobstructed entrance.
- Access to water point for washing bicycles and outdoor clothing.
- Emergency cycle and puncture repair kit. Suggested items to include: tyre levers, puncture repair kit, lubricant, pump capable of being used for different valves.
- First Aid kit to be provided as appropriate to size of business.

Food Arrangements:

- In serviced accommodation hot and cold drink making equipment and ingredients should be provided or beverages to be served on request.
- In serviced accommodation if no evening meal provided, advise local eating establishments.
- In serviced accommodation early or packed breakfast available (continental acceptable) if notified the night before.
- In serviced accommodation a packed lunch to be available (an extra charge may be made). Flask top-up service available.

- In self-catering accommodation, depending on location and for those guests without a car, provide information of online supermarkets who will deliver.

Information Provision:

- Details of nearest cycle hire outlets and cycle repair/spares shops available.
- Details of nearest doctor, dentist, hospital, and all night chemist and vets (if pet accepted).
- Maps and books available for reference on cycling in the area/details of local and regional cycling routes and organisations.
- Information on local public transport and what cycle carriage facilities are available or contact details provided. Also details of any baggage transfer and taxi companies operating locally.
- Weather information for the area displayed prominently and/or telephone numbers that can be called for the latest information by guests, if required.
- Information on local attractions and events and/or local tourist information centre number and directions supplied.
- In self-catering accommodation information provided on location and opening times of nearest shops, including directions.
- Details of nearest bank/cash machine, public telephone, post office, post box and outdoor equipment shops.
- Details displayed for rescue services, including Mountain Rescue (if appropriate) and Coastguard and stating 999 phone number (112 from a mobile phone).
- Details displayed of the Countryside Code (www.countrysideaccess.gov.uk or 0845 100 3298).
- Details of local restaurants and pubs offering food.
- Information on other businesses participating in the Cyclist Welcome scheme. See www.golakes.co.uk/travel for other information
- If group bookings are taken, information should be available for groups on storage facilities, dining facilities/options, group registration and pre arrival information required and provided.