

Walk I Baldock to Arlesey 6 miles/9.5km

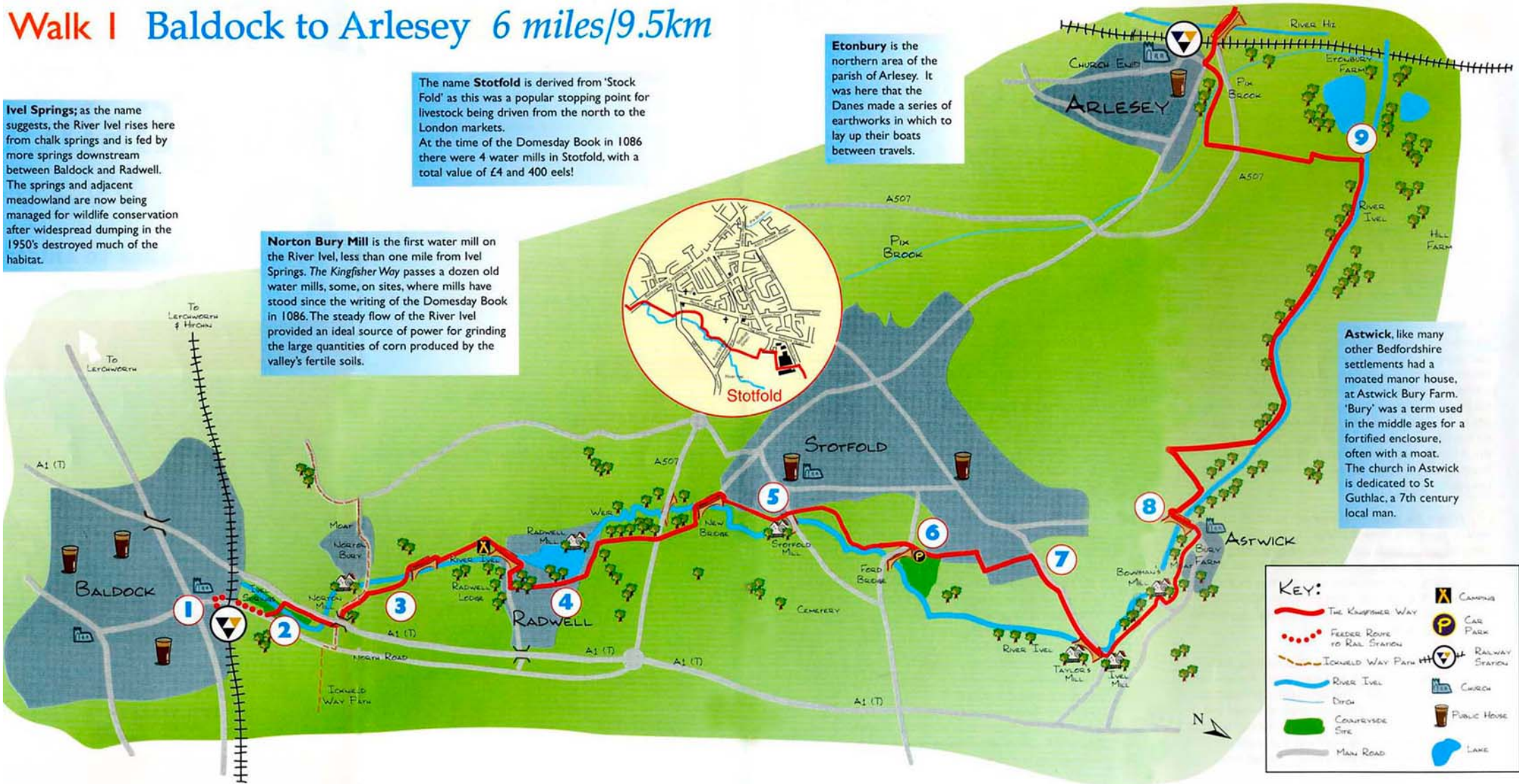
Ivel Springs; as the name suggests, the River Ivel rises here from chalk springs and is fed by more springs downstream between Baldock and Radwell. The springs and adjacent meadowland are now being managed for wildlife conservation after widespread dumping in the 1950's destroyed much of the habitat.

Norton Bury Mill is the first water mill on the River Ivel, less than one mile from Ivel Springs. The *Kingfisher Way* passes a dozen old water mills, some, on sites, where mills have stood since the writing of the Domesday Book in 1086. The steady flow of the River Ivel provided an ideal source of power for grinding the large quantities of corn produced by the valley's fertile soils.

The name **Stotfold** is derived from 'Stock Fold' as this was a popular stopping point for livestock being driven from the north to the London markets. At the time of the Domesday Book in 1086 there were 4 water mills in Stotfold, with a total value of £4 and 400 eels!

Etonbury is the northern area of the parish of Arlesey. It was here that the Danes made a series of earthworks in which to lay up their boats between travels.

Astwick, like many other Bedfordshire settlements had a moated manor house, at Astwick Bury Farm. 'Bury' was a term used in the middle ages for a fortified enclosure, often with a moat. The church in Astwick is dedicated to St Guthlac, a 7th century local man.



KEY:

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|--|------------------------------|--|-----------------|
| | The Kingfisher Way | | CAMPUS |
| | FEEDER ROUTE TO RAIL STATION | | CAR PARK |
| | ICHWILD WAY PATH | | RAILWAY STATION |
| | RIVER IVEL | | CHURCH |
| | DITCH | | PUBLIC HOUSE |
| | COUNTRYSIDE SITE | | LAKE |
| | MAIN ROAD | | |